



**Don't Stand in Line, Order Online**  
**[bruckners.com](http://bruckners.com)**

**We are open:**

Monday–Friday 8am–4pm  
Saturday 10am–3pm

**We are located at:**

1 Grigg Street  
(at the corner of Greenwich Avenue)  
Greenwich, CT 06830

**For more information:**

call (203) 422-6300  
fax (203) 422-6400

**or visit [bruckners.com](http://bruckners.com)  
to order online**

**Delivery:**

Please place large lunch orders by  
10am for prompt delivery  
via fax, email or through our website.

## **Breakfast** *Served until 10 am*

**Jumbo Breakfast Sandwich:** available with your choice of bread, bagel, or tortilla – \$2.25 for one egg/\$2.95 for two eggs (substitute egg whites for 75¢ each)

**Breakfast Platter:** two eggs any style with toast and home fries – \$4.95/\$5.95 for egg whites

**Omelet:** three eggs served with home fries and toast – \$5.95/\$6.95 for egg whites

**Huevos Rancheros Wrap:** spicy vegetarian chili topped with two fried eggs and cheddar cheese in your choice of tortilla – \$6.59

**La Cocina Laboradora Wrap:** two eggs; potatoes; melted american cheese; and your choice of ham, sausage, bacon, turkey, or chicken and tortilla – \$5.95

**Colombian Egg Wrap:** scrambled eggs and finely chopped tomato, onion, red pepper, and fresh cilantro wrapped in any flour tortilla – \$4.25

**Good Day Wrap:** egg whites, fresh sautéed spinach, onion, feta cheese, and hot sauce (spicy or plain) wrapped in your choice of tortilla – \$4.75

**Huevos Primavera Wrap:** two-egg omelet packed with fresh sautéed vegetables, avocado, and salsa in your choice of tortilla – \$5.95

**Light & Luscious Wrap:** scrambled egg whites, fried tomato, and fresh mozzarella wrapped in your choice of tortilla – \$4.95

**Multi-Grain French Toast:** two slices of fresh multi-grain bread dipped in our secret batter and served with pure maple syrup – \$3.35 (add a slice for \$1.25)

**Organic Oatmeal:** made with milk or water – \$3.25 (\**vegan with water*)

**Bruckner's Oatmeal:** our favorite combination made with 2% milk, banana, raisins, cinnamon, and pure maple syrup – \$4.95

**Bagel:** plain, whole wheat, everything, or cinnamon raisin – \$1.35

**\*Fresh Fruit:** fresh variety of seasonal fruit – \$2.95 1/2 pint/\$5.45 pint/\$9.95 quart

**Stonyfield Farm Organic Low-fat Yogurt:** strawberry or blueberry – \$1.55

## **Salads**

**\*Bruckner's Salad:** fresh mesclun greens, romaine lettuce, carrot, cherry tomatoes, red pepper, cucumber, shredded cabbage, and olives – \$4.99 small/\$5.99 large

**OR start with the basic Bruckner's salad and add from our list below:**

### **Salad Additions**

grilled chicken breast, blackened chicken, chicken salad (curried, southwestern, or plain), tuna salad, avocado, tofoni salad, bacon, or any of our deli meats – \$1.99; cheese, vegetables – \$1.00; croutons – 49¢

**\*Vegetarian Chef's Salad:** Bruckner's Salad with baked tofu, Sun Burger, and grilled tempeh – \$8.59 small/\$9.99 large

**Caesar Salad:** crisp romaine lettuce, shaved parmesan cheese, and seasoned croutons – \$6.99 small/\$7.99 large

**Popeye Spinach Salad:** fresh baby spinach, sliced mushrooms, cherry tomatoes, and feta cheese – \$6.99 small/\$7.99 large

**Zest Salad:** Bruckner's Salad with blackened chicken, avocado, walnuts, dried cranberries, gorgonzola cheese, and apple - \$9.99 small/\$10.99 large

**Mediterranean:** romaine lettuce, cherry tomatoes, red onion, olives, cucumber with curried chicken salad and feta cheese – \$8.59 small/\$9.95 large

**Chef's Salad:** Bruckner's Salad with ham, maple-glazed turkey, roast beef, hard-boiled egg, and shredded jack cheese – \$8.99 small/\$9.99 large

**Cobb Salad:** Bruckner's Salad with grilled chicken, hard-boiled egg, crumbled bacon, avocado and gorgonzola cheese – \$8.99 small/\$9.99 large

**Grilled Chicken & Pasta:** fresh pasta primavera tossed with sliced grilled chicken and served over field greens and sliced tomato – \$8.99 small/\$9.99 large

### **Salad Dressings**

basil vinaigrette, sesame ginger, ranch, caesar, blue cheese, gorgonzola vinaigrette, oil and vinegar, thousand island, fresh lemon slices and olive oil, fat-free italian, and low-fat honey dijon (add extra dressing for 50¢ small/75¢ large)

*\* indicates vegan    🌿 indicates spicy*

*prices subject to change*

## Poultry *(all natural, antibiotic and nitrate free)*

### Hot

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**Turkey Pastrami:** low-fat turkey pastrami, homemade coleslaw, and melted swiss cheese on toasted rye with dijon dressing – \$7.95

**Turkey Reuben:** oven-roasted turkey breast, sauerkraut, melted swiss cheese, and thousand island dressing on toasted rye – \$7.95

**Light Grill:** range-fed, herb-roasted turkey breast, creamy havarti cheese, and sliced tomato grilled on fresh whole wheat bread – \$7.45

**Vermont Turkey Club:** pepper turkey, sautéed mushrooms & onion, crispy bacon, Vermont cheddar, and dijon dressing on a grilled kaiser roll – \$7.95

**Copenhagen:** grilled, oven-roasted turkey, coleslaw, melted swiss, and thousand island dressing on a multi-grain panini – \$7.95

**Capri:** grilled chicken breast, sautéed spinach and onions, melted mozzarella and low-fat honey-mustard dressing on a multi-grain panini – \$7.45

**Roasted Thai Chicken:** chicken breast seared with a spicy peanut sauce, organic long-grain and wild rice, lettuce and tomato in a flour tortilla – \$7.95

🍴 **Spicy Chicken Wrap:** chicken breast prepared hot and spicy (buffalo style) with lettuce, tomato, and blue-cheese dressing wrapped in a flour tortilla – \$7.95

**Barbecue Chicken:** grilled chicken breast sautéed in a rich barbecue sauce, melted cheddar, lettuce, and tomato wrapped in a fresh flour tortilla – \$7.95

🍴 **Blackened Chicken Wedge:** blackened chicken, melted cheddar, and roasted red-pepper mayo on a grilled baguette – \$7.95

🍴 **Cabrillo Club:** salsa-seared cajun chicken breast topped with avocado and jack cheese on a grilled kaiser roll – \$7.95

**Rialto:** breaded chicken breast topped with crispy bacon, american cheese, lettuce, tomato, and mayo on a seared kaiser roll – \$7.95

**Chicken Primavera:** chicken breast seared in a balsamic marinade with roasted vegetables in a whole-wheat tortilla – \$7.45

🍴 **Bandido:** breaded chicken breast with crispy potatoes, pepper jack cheese, lettuce, tomato, and jalapeños wrapped in a flour tortilla with picante mayo – \$7.95

**Golden Palace Wrap:** sesame-ginger chicken breast with roasted pepper, sweet onion, and long-grain and wild rice in a whole-wheat tortilla – \$7.95

**Chicken Fingers:** chicken breast double dipped in our signature batter, cooked in 100% canola oil, and served with your choice of shoestring or sweet potato fries and honey-mustard or BBQ sauce – \$9.95

### Cold

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🍴 **Spicy Romero:** grilled cajun chicken breast tossed with romaine lettuce, avocado, tomato, and spicy mayo wrapped in a whole-wheat tortilla – \$7.45

**Super Club:** grilled chicken breast, crispy bacon, plain or salsalito mayo, lettuce, and tomato – \$7.45

**Chicken Caesar Wrap:** chicken, romaine lettuce, parmesan cheese, and caesar dressing in a spinach tortilla – \$7.45  
(sub grilled for blackened chicken 49¢)

**Dieter's Delight:** chicken, roasted red pepper, shredded carrot, cabbage, onion, cucumber, lettuce, tomato, low-fat honey-mustard dressing wrapped in a whole-wheat tortilla – \$7.45

**Chunky Chicken Salad:** large pieces of grilled chicken mixed with celery, red pepper, onion, shredded carrot, and cabbage wrapped in a whole-wheat tortilla – \$7.25 *(also available curried or southwest style)*

🍴 **Thai Peanut:** grilled chicken smothered in a spicy peanut sauce and a dash of mayo, with fresh vegetables, wrapped in a whole-wheat tortilla – \$7.45

🍴 **Dixie Chicken:** grilled chicken, crispy bacon, shredded jack cheese, avocado, lettuce, tomato, hot sauce, and mayo, wrapped in a southwestern tortilla – \$7.45

**Dominator:** grilled chicken breast, crispy bacon, shredded vegetables, avocado, lettuce, tomato, mayo, basil vinaigrette on multi-grain bread – \$7.95

**Smoker:** smoked turkey, pepper-jack cheese, bacon, red onion, lettuce, tomato, and horseradish dressing wrapped in a whole-wheat tortilla – \$7.45

**Trader:** peppered turkey breast on rye with thousand island dressing, homemade coleslaw, swiss cheese, lettuce, and tomato – \$7.45

**Cape Cod:** maple-glazed turkey on fresh multi-grain bread with cranberry relish, mayo, lettuce, and tomato – \$7.45

**Elvis:** oven-roasted turkey, crispy bacon, creamy havarti cheese, cucumber, lettuce, tomato, and russian dressing wrapped in a southwestern tortilla – \$7.45

**Cos Cob Club:** smoked turkey breast, muenster cheese, crispy bacon, lettuce, tomato, and grain mustard on fresh whole wheat bread – \$7.45

**Turkish Delight:** herb turkey breast with fresh garden vegetables, lettuce, tomato, mayo, mustard, and basil vinaigrette on multi-grain bread – \$7.45

**California:** oven-roasted turkey, avocado, salsa, sour cream, lettuce, and tomato wrapped in a southwestern tortilla – \$7.45

**White House:** honey-baked turkey breast, avocado, cheddar, lettuce, tomato, sprouts, and honey-mustard dressing in a whole-wheat tortilla – \$7.45

**The Angela:** turkey, crispy bacon, jack cheese, lettuce, tomato, and a schmear of apple butter wrapped in a fresh flour tortilla – \$7.45

**Turkey Club:** free range turkey breast, crisp bacon, lettuce and tomato on fresh artisan whole wheat bread – \$7.95

## Beef *(all of our steak and roast beef is cooked in-house)*

### Hot

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**Bruckner's Classic Burger:** a half-pound Black Angus burger on a kaiser roll, lettuce and tomato and choice of french fries or sweet-potato fries – \$8.95

**Buster Burger:** a half-pound Black Angus burger on a grilled kaiser roll with american cheese, red onion, pickle chips, lettuce, tomato, thousand island dressing, choice of sweet-potato or shoestring fries – \$9.95

**All-Beef Hot Dog:** nitrate-free and delicious, served on a grilled bun – \$2.99

🍴 **Border Wrap:** grilled pepper-marinated roast beef, roasted pepper, sweet onion, and melted cheddar cheese wrapped in a southwestern tortilla – \$7.45

**Cheese Steak:** grilled flank steak au jus, sautéed mushrooms, onion, and american cheese served on a grilled baguette – \$7.95

\* indicates vegan 🍴 indicates spicy

prices subject to change

**Barcelona:** prime roast beef smothered in caramelized onion, melted swiss cheese, and horseradish dressing on a multi-grain panini – \$7.45

**Roast Beef Grill:** roast beef, sautéed mushrooms, sharp cheddar cheese, and roasted red-pepper mayo served on a grilled kaiser roll – \$7.45

### Cold

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**Bruckner's Classic Roast Beef:** prime roast beef, lettuce, tomato, and our signature horseradish dressing served on sourdough bread – \$7.45

**Midas Touch:** roast beef, half-sour pickle chips, red onion, lettuce, tomato, Vermont cheddar, salt and pepper, with dijon dressing on a fresh baguette – \$7.95

**Plain Truth:** oven-fresh roast beef, lettuce, tomato, cheddar cheese, mayo, and salt and pepper wrapped in a whole-wheat tortilla – \$7.45

**Mad Russian:** roast beef, swiss cheese, homemade coleslaw, lettuce, tomato, and salt and pepper, with russian dressing, on multi-grain bread – \$7.95

## Ham/Bacon

### Hot

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**Parisian:** grilled ham topped with melted brie, grilled tomato, fresh basil, and spicy dijon dressing served on a golden-brown baguette – \$7.95

**BBQ Pork Sandwich:** BBQ pork tenderloin topped with melted aged cheddar and sautéed bermuda onion on a grilled kaiser roll – \$7.95

🍷 **Cuban:** shredded spiced pork, imported ham, grilled onion, sliced pickles, melted cheddar, mayo, and grain mustard served on a grilled kaiser roll – \$7.95

### Cold

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**Ham and Swiss:** Fleur de Lis ham, swiss cheese, lettuce, tomato, and zesty dijonaise served on fresh rye bread – \$7.45

**Bruckner's BLT:** crispy bacon, lettuce, tomato, and mayo served on sourdough bread – \$6.95

**Viernes:** genoa salami, provolone, mozzarella, onion, lettuce, tomato, and grain mustard stacked on a fresh kaiser roll – \$7.25

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**Americana:** oven-baked ham on fresh sourdough bread with mayonnaise, grain mustard, bermuda onion, american cheese, lettuce, and tomato – \$7.45

## Fish

**Ahab's Revenge:** breaded cod fillet on a grilled baguette with american cheese, lettuce, tomato, and homemade tartar sauce – \$8.95

**Classic Tuna Melt:** Bruckner's tuna salad served with tomato and melted cheddar cheese on multi-grain toast – \$7.45

**Tuna Salad:** white albacore tuna mixed with shredded cabbage, carrot, diced onion, pickles, and Bruckner's signature dressing on fresh multi-grain bread with lettuce and tomato – \$6.95

**Northwest Grill:** wild-caught pacific salmon filet, wrapped in a whole-grain flour tortilla with fresh spinach, arugula, a sprinkle of orzo salad, tomato and a dash of our pesto mayonnaise – \$8.95

## Vegetarian (\* indicates vegan)

### Hot

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**Bruckner's Grilled Cheese:** fresh sourdough bread with your choice of swiss, muenster, cheddar, or american cheese – \$4.55

**Lean & Mean:** high protein veggie burger topped with avocado, salsa, fresh mozzarella, served on toasted whole wheat with a side of grilled vegetables – \$8.95 (\*vegan without cheese)

**Tuscany:** grilled tomatoes topped with fresh mozzarella and basil with a light balsamic reduction served on a grilled baguette – \$7.45

**Quinoa Black-Bean Protein Wrap:** a hearty and delicious vegetarian loaf grilled with roasted balsamic vegetables, and fresh mozzarella wrapped in a whole-wheat tortilla – \$6.95 (\*vegan without cheese)

\* **Roots Rap:** Bruckner's baked falafel, hummus, crispy potatoes, avocado, chopped romaine lettuce and a schmear of our vegan dijonaise dressing in a whole-grain tortilla – \$7.59

### Cold

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🍷 **Atomic Veggie Wrap :** Vermont pepper-jack cheese, jalapeño pepper, avocado, house vegetables, spicy mayo, lettuce, and tomato in a whole-wheat tortilla – \$6.95

**Athenian:** crumbled feta cheese, avocado, lettuce, tomato, a bumper crop of house vegetables, red-wine vinaigrette wrapped in a tomato-basil tortilla – \$6.95

**Cheese and Vegetable:** your choice of cheese with cabbage, onion, pickles, shredded carrot, cucumber, lettuce, and tomato dressed with mayo, stone-ground mustard, and a dash of cayenne pepper on multi-grain bread – \$6.95

\* **Avocado Club:** shredded carrot, cucumber, cabbage, red onion, lettuce, tomato, avocado, whipped balsamic dressing, and a dash of vegan mayo served on multi-grain bread – \$6.95

\* **Sun Burger:** brown-rice and sunflower-seed patty served with cabbage, onion, carrot, cucumber, sprouts, lettuce, tomato, and vegan tomato-basil sauce wrapped in a fresh whole-wheat tortilla – \$7.45

\* **Tofini:** organic tofu seasoned with curry, sesame tahini, chopped vegetables and pickles, lettuce, tomato, spices, and vegan mayo wrapped in a whole-wheat tortilla – \$6.95

\* **Barbecued Tempeh:** tempeh, cabbage, carrot, onion, cucumber, red pepper, sprouts, lettuce, tomato, barbecue sauce wrapped in a whole-wheat tortilla – \$7.45

\* **Hummus and Avocado:** jam-packed with vegetables, sliced avocado, and hummus wrapped in a whole-wheat tortilla – \$7.45

**Ranger:** egg salad topped with aged Vermont cheddar, ripe avocado, house vegetables, lettuce, and tomato wrapped in a fresh whole-wheat tortilla – \$6.95

**Westy:** aged pepper-jack cheese, avocado, house vegetables, lettuce, tomato, and stone-ground mustard wrapped in a tomato-basil tortilla – \$6.95

## Sides

**Bruckner's Chicken Salad:** chunks of breast meat, diced celery, red pepper, red onion, carrot, and cabbage tossed with mayo, grain mustard, and fresh herbs – \$4.45 for 1/2 pint/\$7.95 pint/\$14.95 quart (available curried or southwest style)

**Bruckner's Tuna Salad:** shredded carrot, cabbage, red onion, and diced pickles with our secret signature dressing – \$4.45 for 1/2 pint/\$7.95 pint/\$14.95 quart

\* **Tofini Salad:** curried tofu salad with carrot, cabbage, red onion, pickles, sesame tahini, eggless dressing, and spices – \$3.95 for 1/2 pint /\$6.95 pint/\$12.95 quart

\***Savory Rice Salad:** unique blend of organic long-grain and wild rice, diced carrot, cabbage, and collard greens sautéed in seasoned olive oil and garlic – \$2.95 1/2 pint /\$3.95 pint/\$6.95 quart (*served warm or cold*)

\***Red Beans and Rice:** organic brown basmati rice, kidney beans, sautéed collard greens, diced carrot, and red onion with a japanese plum-vinegar dressing – \$2.95 1/2 pint/\$4.95 pint/\$8.95 quart (*served warm or cold*)

**Coleslaw:** shredded carrot and red and green cabbage tossed in a sweet vinaigrette dressing – \$1.95 1/2 pint/\$2.95 pint/\$5.45 quart

**Roasted Red-Potato Salad:** roasted red potato, diced onion, celery, red pepper, and garlic in a creamy herb dressing – \$2.35 1/2 pint/\$3.95 pint/\$6.65 quart

**Pasta Salad:** multi-grain pasta tossed in our creamy house balsamic dressing with red onion, roasted red pepper, chopped olives, and fresh parsley – \$2.95 1/2 pint/\$3.95 pint/\$6.95 quart

**Macaroni Lulu:** our delicious (less guilt) macaroni and cheese with sautéed range-fed chicken breast, tomato bisque sauce, and fresh feta and parmesan cheese – \$3.95 1/2 pint/\$6.95 pint/\$12.95 for quart (*seasonal*)

\***Fresh Fruit Salad:** fresh variety of seasonal fruit, melon, and berries – \$2.95 pint/\$5.45 pint/\$9.95 quart

**French Fries:** scrumptious shoestrings cooked in 100% canola oil – \$2.25 small/\$3.25 large

**Sweet-Potato Fries:** crispy sweet potatoes cooked in 100% canola oil and served with rosemary dipping sauce – \$3.25 small/\$4.25 large

## Soups

**Ask about our daily soup specials or view them on our website at [bruckners.com](http://bruckners.com)** \$4.29 1/2 pint/\$6.29 pint/\$10.29 quart

## Tex Mex

🍴 **Chicken Fajita Wrap:** spicy cajun chicken breast, brown rice, grilled onion and pepper, and ripe avocado wrapped in a fresh flour tortilla – \$7.95

**Chicken Burrito:** a traditional filling of chili frijoles and chicken served with salsa and sour cream on the side – \$7.25 (add cheese for 89¢)

**Santa Fe Chicken Quesadilla:** spicy chicken breast, chili frijoles, jack cheese, salsa, and sour cream served on a crispy tortilla – \$7.25

\***Burrito:** a traditional filling of spiced rice and beans served with salsa and sour cream on the side – \$6.25 (add cheese for 89¢)

**Ole Avo:** a crisp and golden jack cheese and avocado quesadilla – \$6.95

🍴 **Steak Burrito:** a traditional filling of steak and spiced rice and beans served with salsa and sour cream on the side – \$7.45 (add cheese for 89¢)

🍴 **Steak Fajita Wrap:** strips of salsa-seared flank steak, brown rice, grilled onion and pepper, and ripe avocado wrapped in a fresh flour tortilla – \$7.95

🍴 **Santa Fe Steak Quesadilla:** spicy steak, chili frijoles, jack cheese, salsa, and sour cream served on a crispy tortilla – \$7.45

## Beverages

**We offer a large selection of sodas, iced teas and waters in addition to:**

**Naked Brand Smoothies/Juices** – \$3.45

**Fresh Fruit Smoothie:** your choice of mixed berry, banana and strawberry, or peanut butter and banana made with organic soy milk, apple juice, and whey or soy protein – \$4.99

**Fresh-Pressed Juice:** carrot, celery, cucumber, beet, collards, spinach, tomato, apple, lemon, or ginger – \$5.99

**Tropicana Orange and Grapefruit Juice:** – \$1.99

**Pepsico Sodas:** 12 oz. can – \$1.29, 20 oz. bottle – \$1.79

## Snacks

**We carry a wide selection of chips and pretzels from Frito Lay and Happy Herbert's**

**Happy Herbert's** \_\_\_\_\_

**Oat Bran Pretzels:** small – 99¢/large \$2.79 **Corn Chips:** \$2.99  
**Snap Peas:** \$2.39

**Sensible Portion Crisps** \_\_\_\_\_

**Multi-grain, Soy Cheddar or Sea Salt:** \$1.89 **Corn Chips:** \$2.99

**Frito Lay** \_\_\_\_\_

**Lays Baked Single Serve:** BBQ, Sour Cream or Original – 99¢

**Lays Regular Single Serve:** BBQ, Classic, Salt+Vinegar – 99¢

**Lays Classic 6.5oz:** \$2.99

**Sun Chips:** Garden Salsa, Harvest Cheddar – 99¢

**Rold Gold Pretzels:** 99¢

**Smart Food Popcorn:** 99¢

## Dessert *(baked fresh in our ovens)*

**Cookies:** chocolate chip or oatmeal raisin – \$1.29